



Health and Wellness
Healthy Relationships Subcommittee

The PPSD Healthy Relationships Subcommittee strives to help PPSD improve the health of students, deliver exemplary sexual health education, and raise awareness and understanding about inclusivity; positive, violence-free relationships; and safe, supportive environments for all students and staff.

- The PPSD Healthy Relationships Subcommittee is one of the 3 subcommittees that comprise the district Health and Wellness Committee. All RI school districts are required by [RI state law \(16-21-28\)](#) to establish a district wellness committee as a subcommittee of the full school committee (school board).
- District wellness committees are chaired by a member of the full school committee and will make recommendations regarding the district's health curriculum and instruction, physical education curriculum and instruction, and nutrition and physical activity policies to decrease obesity and enhance the health and well-being of students and employees.

2019-2020 PPSD Healthy Relationships Subcommittee Goals

- 1) Define, communicate and build awareness about Healthy Relationships Subcommittee and the work the Subcommittee is involved with or promotes.
- 2) Increase the presence and engagement of stakeholders, including Health teachers, parents, families, students, and school/district administrators.

MINUTES -DRAFT

Health and Wellness Healthy Relationships Subcommittee Meeting

Pursuant to Executive Order 20-25 issued by the Governor of Rhode Island, the Providence School Board held this meeting remotely. A recording of the meeting is available upon request.

December 15, 2020

CONVENE MEETING

1. Co-Chair Penelope Pare called the meeting to order at 4:05 PM

Subcommittee Members Present:

Co-Chair Lisa Hoopis, Director of Community and Education Programs, Sojourner House

Co-Chair Penelope Pare, PPSD Out of District Social Worker

Solight Sou, PPSD Wellness Coordinator

APPROVE AGENDA

2. Approve Agenda as presented
A motion was made to approve the agenda as presented
MSV – Sou, Hoopis (3-0) MOTION APPROVED

APPROVE MINUTES

3. Approval of June Minutes – 11/17/2020 and 12/12/2019
A motion was made to approve the minutes
MSV – Pare, Sou (3-0) MOTION APPROVED

SUBCOMMITTEE UPDATES

4. Welcome and introductions
5. Subcommittee Goals and Mission Statement
Subcommittee members agreed to leave goals and mission statement as is.
6. PPSD health curriculum review
Pare did not reach out to potential new team members. Hoopis reached out to Rosemary at RIDE who couldn't meet today's meeting.

Donna O'Connor gave Pare access to PPSD Health Curriculum but text books are referenced which they don't have. Pare will check with O'Connor for information about the text books. It is hard to know how educators are teaching the curriculum. Subcommittee members want input from students about the curriculum when appropriate.

Subcommittee members would like to continue to increase meeting attendance. They will reach out to O'Connor to join our meetings. Members also talked about a formal letter being sent to O'Connor from the committee requesting access to the curriculum and an update on the PPSD health needs assessment. Hoopis will draft a formal letter to Donna O'Connor by their next meeting on 1/21 for the committee to review. They hope to engage a consultant to help develop a strategic plan. When requesting the curriculum, Pare reassured O'Connor that she would include her in any planning.

7. Professional Development recommendations
RIDE is prioritizing wellness. Check with Dana Benton-Johnson about the subcommittees working together re: holistic sexuality in a safe and supportive environment.

Smithfield and Bristol school departments have had training by Sojourner House re: healthy relationships. Invite Donna O'Connor to be part of creating goals and or talk with Smithfield and Bristol how the training was received in their districts.

PLANNING

8. Increase members attending meetings
What is the best way to include student's participation in our committee? Contact Brittany Hoffman, STARS and Youth in Action. Question about inviting Youth Pride because they have a youth group. Perhaps inviting students from Classical.
9. Working with parents
Lisa Hoopis expressed a vision for a parent webinar and establishing a parent coordinator. Perhaps Brittany Hoffman has information about this.

10. Evaluation plan

Member mentioned that Karin Wetherill has a tool that could be used. PPSD has to get up to speed to meet National Standards. Hoopis suggested an annual review.

11. Announcements

Sojourner is trying to plan a summit in Boston. It would be Virtual in 4/21. More info to come and will follow up in their January meeting.

ADJOURN

12. Adjourn Meeting

A motion was made to adjourn the meeting at 4:27 p.m.

MSV – Sou, Pare (3-0) MOTION APPROVED