

Providence School Department  
797 Westminister Street, Providence, RI 02903

**Health & Wellness Committee Meeting**

Wednesday, November 29, 2023

**Minutes**

**1.0 Convene Meeting**

1.1 Call to Order- Meeting called to order by Chairman Muhingabo at 5:05 PM

Night Jean Muhingabo; Toni Akin were present There was a quorum

Carolina Roberts-Santana was absent

**In Attendance:** Simone Punchak; Aaron Lenart; Julie Lombardi; Joanna Raymond Aleia Gardner; Teri Gregg; Rosemary Reilly-Shammat; Jack Rusley; Warren Heyman; Andrea Gustafson; Tanya Gilbert; Obea Pupp; Karin Wetherill; Lynn August; Bright Osajie; Joanna Raymond; Usaac Reid; Kate Ginder; Tess Brown; Anneliese Mair; Henry Pardo; Rexella Bishop; Jaziah Marsden; Shannon Gormley;

**Meeting was livestreamed on Youtube.com Providence School Board Health & Wellness Committee 11-29-2023**

**2.0 Approve Agenda**

2.1 Approval of the Agenda

Recommendation to approve agenda as presented

**Moved Toni Akin, seconded by Night Jean Muhingabo (2-0) Motion Approved**

**3.0 Consent Agenda**

3.1 Approval of Consent Agenda

3.2 Approval of Minutes – **September 27, 2023**

Recommendation to approve consent agenda as presented

Recommendation to approve minutes as presented

**Moved Toni Akin, seconded by Night Jean Muhingabo, (2-0) Motion Approved**

**4.0 Announcements**

**4.1 Welcome/Introduction(s)**

Chairman Muhingabo welcomed all new and existing members to the Committee and shared highlights of the work that is in progress. He went on school visits to connect with students who are interested in joining sub-committee to make sure they create their own Mental Health Club. There is no meetings held in the schools and creation of a new Summit subcommittee will not take place until after January and new board elections. Smart Clinics are to do a report in January.

Toni Akin met with her working group prior to the meeting to discuss developments of approving free meals in the district; attended a healthy breakfast seminar last month to help promote for all meals to be free in RI.

#### **4.2 Introduction of all Members of the Health & Wellness Committee**

Chairman Muhingabo asked that everyone in the group introduce themselves and sign in sheets were provided as well. Chairman Muhingabo is pleased to see that the group has grown with new members and students.

### **5.0 Planning**

#### **5.1 Mental Health Fair Planning**

Chairman Muhingabo welcomed students from Central High School to present their vision for a Mental Health Fair, this fair would be created to help students and families with resources to help suffering with mental health issues.

#### **5.2 Sub-committee working groups- set goals/ share out**

Sub-committee groups broke into groups for twenty minutes to go over ideas, strategies and goals.

Julie Lombardi created folders for Health & Wellness Committee and Sub-Committees for working groups.

Groups reconvened to share out information that was discussed in groups.

#### **5.3 Guest Speaker- Benefits of Physical Activity, Sports and Recreation**

Motion to remove item 5.1 off the agenda and sequence

### **6.0 Presentations**

#### **6.1 Sexual and Reproductive Health Education Recommendations**

Health Relationships Working Group presented on a slide presentation. Valuable information was shared and committee and visitors

### **7.0 Adjourn**

#### **7.1 Adjourn Meeting- Meeting Adjourned by**

**Moved Toni Akin, seconded by Night Jean Muhingabo (2-0) Motion Approved**

**Next Policy Committee Meeting is December 6, 2023**