



Health and Wellness Committee Meeting
January 30, 2023

TyRelle Stephens
Night Jean Muhingabo
Diagneris Garcia

Convene Meeting

1. Call to Order

Call to Order

Recommendation: Call the meeting to order

Ms. Garcia called the meeting to order at 5:34. The meeting was not livestreamed or recorded at Ms. Garcia's request.

Approve Agenda

2. Approval of the Agenda

Approve agenda as presented

Recommendation: Approve agenda as presented.

ORIGINAL - Motion

Member **(Night Jean Muhingabo)** Moved, Member **(Diagneris Garcia)** Seconded to approve the **ORIGINAL** motion 'Approve agenda as presented'. Upon a roll call vote being taken, the vote was: Aye: **3** Nay: **0**. The motion **Carried. 3 - 0**

TyRelle Stephens	Yes
Night Jean Muhingabo	Yes
Diagneris Garcia	Yes

Providence Schools

Health and Wellness Committee Meeting January 30, 2023

Consent Agenda

3. Approval of the Consent Agenda

Items listed under Consent Agenda are considered routine and will be approved by a single motion. There will be no separate discussion of these items; however, any item may be removed from the Consent Agenda upon the request of any member of the Board and action upon separately.

Recommendation: Approve consent agenda as presented.

ORIGINAL - Motion

Member (**Night Jean Muhingabo**) Moved, Member (**Diagneris Garcia**) Seconded to approve the **ORIGINAL** motion 'Approve consent agenda as presented'. Upon a roll call vote being taken, the vote was: Aye: **3** Nay: **0**. The motion **Carried. 3 - 0**

TyRelle Stephens Yes
Night Jean Muhingabo Yes
Diagneris Garcia Yes

4. Approval of Minutes - November 30, 2022

Approval of Minutes - November 30, 2022 and October 26, 2022

Recommendation: Approve minutes as presented

ORIGINAL - Motion

Member (**Night Jean Muhingabo**) Moved, Member (**Diagneris Garcia**) Seconded to approve the **ORIGINAL** motion 'Approve minutes as presented for October 26th and November 30th'. Upon a roll call vote being taken, the vote was: Aye: **3** Nay: **0**. The motion **Carried. 3 - 0**

TyRelle Stephens Yes
Night Jean Muhingabo Yes
Diagneris Garcia Yes

Announcements

5. Welcome & Introductions

Recommendation:

Participants introduced themselves.

Planning

Providence Schools

Health and Wellness Committee Meeting January 30, 2023

6. 1. Work Group Planning a. Nutrition and Physical Activity b. Social Emotional Learning c. Healthy Relationships d. Work Group Report Out

Recommendation:

Participants gave a recap of their working groups past accomplishments and what they plan to go forward.

Adjourn

7. Adjourn Meeting

Adjourn Meeting

Recommendation: No recommendation required

Ms. Garcia adjourned the meeting at 6:56.

ORIGINAL - Motion

Member **(Night Jean Muhingabo)** Moved, Member **(Diagneris Garcia)** Seconded to approve the **ORIGINAL** motion 'No recommendation required'. Upon a roll call vote being taken, the vote was: Aye: **3** Nay: **0**. The motion **Carried. 3 - 0**

TyRelle Stephens Yes

Night Jean Muhingabo Yes

Diagneris Garcia Yes